

P.E.	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery & Reception	Following EYFS curriculum standards.					
Year 1	Gymnastics Body parts Games Run/throw/hit/catch	Gymnastics Wide, narrow & curled Playground games	Locomotion Jumping Ball skills Football	Ball skills Team games Multi skills circuit	Dance English folk dance Cricket	Athletics Games Attack & defence
Year 2	Gymnastics Linking Games Run/throw/hit/catch	Gymnastics Pathways Playground games	Health & wellbeing Ball skills Hockey	Dance Water Multi skills circuit	Dance Explorers Athletics	Athletics Cricket
Year 3	Gymnastics Symmetry/asymmetry Invasion Dodgeball	Dance Skeleton dance Invasion Tag rugby	Problem solving Invasion Football	Gymnastics Linking Invasion Basketball	Dance Egyptians Athletics	Athletics Rounders
Year 4	Gymnastics Symmetry/asymmetry Invasion Tag rugby	Gymnastics Bridges Invasion Football	Gymnastics Bridges Invasion Basketball	Dance Cats Tennis	Dance Big outcome Cricket	Athletics Athletics
Year 5	Gymnastics Symmetrical shapes Invasion Tag rugby	Fitness unit Invasion Football	Gymnastics Counter balance and counter tension Invasion Netball	Dance Country dancing Tri-Golf	Athletics Tennis	Athletics Cricket
Year 6	Gymnastics Matching & mirroring Invasion Netball (or swimming)	Dance Rainforest dance Invasion Netball (or swimming)	Health related exercise Invasion Football (or swimming)	Dance Lindy hop Invasion Football (or swimming)	Dance (production) Cricket (or swimming)	Dance (production) Athletics (or swimming)